



**AFTER  
THE BELL**

**TIME TO  
EXCEL**

## AWESOME EXPLORATION IN PROGRESS!

**Before and After School Academy is part of the YMCA's history of dedication to youth development.** It was established to meet the needs of working parents while providing children with a fun, safe, and enriching environment. Our program offers a variety of daily activities focusing on the following:

- Academic Support (Reading and STEM)
- CATCH curriculum\*
- Confidence and Character Development
- Fitness and Health Education
- Games
- Service Learning
- Homework Support with certified teachers
- YMCA Healthy Eating and Physical Activity Standards
- Healthy Snacks
- Guest Speakers and demonstrations
- Arts and crafts

Learning doesn't stop when the school day ends. The Y provides the academic support needed to help students achieve their full potential. Each day is filled with educational activities that also incorporate active play to develop a life-long love of health and wellness.

## Forsyth County: YMCA Before and After School Academy

### BUILD YOUR OWN PLAN:

Choose an option that works for you! After School, Spring Break and Out of School days. A one time \$45 registration fee applies to all before and after school options.

#### Before School Options

- **5 Day-Before School (Monthly Rate)**
  - \$70 Members
  - \$80 Potential Members

#### After School Options

- | <b>3 Day-After School (Monthly Rate)</b> | <b>5 Day-After School (Monthly Rate)</b> |
|--|--|
| • \$230 Members                          | • \$260 Members                          |
| • \$265 Potential Members                | • \$310 Potential Members                |

#### Out of School Days (Daily Rate. Payment is due at registration.)

- \$35 Members
- \$45 Potential Members

\*CATCH stands for Coordinated Approach to Child's Health. For over 25 years, the CATCH platform has been proven to launch kids and communities toward healthier lifestyles. Originators of "GO, SLOW and WHOA" food categories, CATCH is the most cost effective means of preventing childhood obesity, in an environment that's fun and easy to sustain.



## Important Dates to Remember

Remember: Snow and Early Release days are included FREE in all After School options.

### SEPTEMBER

September 6	Labor Day	CLOSED
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### OCTOBER

October 25	Out of School Day	7:00 a.m. – 6:00 p.m.
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### NOVEMBER

November 11	Out of School Day	7:00 a.m. – 6:00 p.m.
November 22-24	Out of School Day	7:00 a.m. – 6:00 p.m.
November 25-26	Thanksgiving and Holiday	CLOSED

### DECEMBER

December 22-23	Winter Camp	7:00 a.m. – 6:00 p.m.
December 24	Christmas Eve	CLOSED
December 27-30	Winter Camp	7:00 a.m. – 6:00 p.m.
December 31	New Years Eve	CLOSED

### JANUARY

January 3-4	Out of School Day	7:00 a.m. – 6:00 p.m.
January 17	Out of School Day	7:00 a.m. – 6:00 p.m.
January 21	Out of School Day	7:00 a.m. – 6:00 p.m.

### MARCH

March 4	Out of School Day	7:00 a.m. – 6:00 p.m.
March 25	Out of School Day	7:00 a.m. – 6:00 p.m.

### APRIL

April 11-14	Spring Break	7:00 a.m. – 6:00 p.m.
April 15	Good Friday Holiday	CLOSED

### MAY

May 30	Memorial Day Holiday	CLOSED
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### JUNE

June 10	Out of School Day	7:00 a.m. – 6:00 p.m.
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\*\*Dependant on WS/FCS snow makeup days.

### SCHOOLS SERVED

The Downtown School

### PROGRAM LOCATION

Before School

After School

Downtown School

Downtown School

## MAXIMIZE YOUR SAVINGS!

Become a YMCA member and save money on After School Academy, Youth Sports, Swim Lessons, and more!

- Unlimited access to the YMCA
- Free group and family fitness classes
- Free access to swimming pool, basketball, and raquetball courts
- Free childwatch available with memberships that include dependents
- Discounted rates on Youth Sports, Swim Lessons, and other programs
- No membership contracts!

## FINANCIAL ASSISTANCE

The Y is committed to turning no one away from a program or membership due to an inability to pay. Financial assistance is available through the Y's Open Doors program to those who qualify. Inquire at your local YMCA branch for more information or call 727-4849. The Y is a United Way Agency.



## WHAT PARENTS ARE SAYING ABOUT YMCA YOUTH DEVELOPMENT PROGRAMS

"My son has attended the YMCA After School Program for several years. As a working parent, it is comforting to know that my child is getting his homework completed, is served a snack, and is in a safe and clean environment. I also like the fact he has time to socialize with friends and gets to participate in various physical activities. When I pick him up from the YMCA, I get to ease into our evening instead of rushing to get everything done. I truly value my partnership with the YMCA as they have become like family."

**For more information, please visit [www.ymcanwnc.org](http://www.ymcanwnc.org) or your local branch.**