



**AFTER
THE BELL**

**TIME TO
EXCEL**



AWESOME EXPLORATION IN PROGRESS!

Before and After School Academy is part of the YMCA's history of dedication to youth development. It was established to meet the needs of working parents while providing children with a fun, safe, and enriching environment. Our program offers a variety of daily activities focusing on the following:

- Academic Support (Reading and STEM)
- CATCH curriculum*
- Confidence and Character Development
- Fitness and Health Education
- Games
- Service Learning
- Homework Support with certified teachers
- YMCA Healthy Eating and Physical Activity Standards
- Healthy Snacks
- Guest Speakers and demonstrations
- Arts and crafts

Learning doesn't stop when the school day ends. The Y provides the academic support needed to help students achieve their full potential. Each day is filled with educational activities that also incorporate active play to develop a life-long love of health and wellness.

Forsyth County: YMCA Before and After School Academy

BUILD YOUR OWN PLAN:

Choose an option that works for you! After School, Spring Break and Out of School days. A one time \$45 registration fee applies to all before and after school options.

Before School Options

- **5 Day-Before School (Monthly Rate)**
 - \$70 Members
 - \$80 Potential Members

After School Options

- **3 Day-After School (Monthly Rate)**
 - \$190 Members
 - \$225 Potential Members
- **5 Day-After School (Monthly Rate)**
 - \$220 Members
 - \$270 Potential Members

Out of School Days (Daily Rate. Payment is due at registration.)

- \$35 Members
- \$45 Potential Members

*CATCH stands for Coordinated Approach to Child's Health. For over 25 years, the CATCH platform has been proven to launch kids and communities toward healthier lifestyles. Originators of "GO, SLOW and WHOA" food categories, CATCH is the most cost effective means of preventing childhood obesity, in an environment that's fun and easy to sustain.

Important Dates to Remember

Remember: Snow and Early Release days are included FREE in all After School options.

SEPTEMBER

September 6 Labor Day CLOSED

OCTOBER

October 25 Out of School Day 7:00 a.m. - 6:00 p.m.

NOVEMBER

November 11 Out of School Day 7:00 a.m. - 6:00 p.m.

November 22-24 Out of School Day 7:00 a.m. - 6:00 p.m.

November 25-26 Thanksgiving and Holiday CLOSED

DECEMBER

December 22-23 Winter Camp 7:00 a.m. - 6:00 p.m.

December 24 Christmas Eve CLOSED

December 27-30 Winter Camp 7:00 a.m. - 6:00 p.m.

December 31 New Years Eve CLOSED

JANUARY

January 3-4 Out of School Day 7:00 a.m. - 6:00 p.m.

January 17 Out of School Day 7:00 a.m. - 6:00 p.m.

January 21 Out of School Day 7:00 a.m. - 6:00 p.m.

MARCH

March 4 Out of School Day 7:00 a.m. - 6:00 p.m.

March 25 Out of School Day 7:00 a.m. - 6:00 p.m.

APRIL

April 11-14 Spring Break 7:00 a.m. - 6:00 p.m.

April 15 Good Friday Holiday CLOSED

MAY

May 30 Memorial Day Holiday CLOSED

JUNE

June 10 Out of School Day 7:00 a.m. - 6:00 p.m.

**Dependant on WS/FCS snow makeup days.

SCHOOLS SERVED

PROGRAM LOCATION

Before School

After School

Sedge Garden Elementary Sedge Garden Elem Sedge Garden Elem

MAXIMIZE YOUR SAVINGS!

Become a YMCA member and save money on After School Academy, Youth Sports, Swim Lessons, and more!

- Unlimited access to the YMCA
- Free group and family fitness classes
- Free access to swimming pool, basketball, and raquetball courts
- Free childwatch available with memberships that include dependents
- Discounted rates on Youth Sports, Swim Lessons, and other programs
- No membership contracts!

FINANCIAL ASSISTANCE

The Y is committed to turning no one away from a program or membership due to an inability to pay. Financial assistance is available through the Y's Open Doors program to those who qualify. Inquire at your local YMCA branch for more information or call 727-4849. The Y is a United Way Agency.



WHAT PARENTS ARE SAYING ABOUT YMCA YOUTH DEVELOPMENT PROGRAMS

"My son has attended the YMCA After School Program for several years. As a working parent, it is comforting to know that my child is getting his homework completed, is served a snack, and is in a safe and clean environment. I also like the fact he has time to socialize with friends and gets to participate in various physical activities. When I pick him up from the YMCA, I get to ease into our evening instead of rushing to get everything done. I truly value my partnership with the YMCA as they have become like family."

For more information, please visit www.ymcanwnc.org or your local branch.