



**AFTER
THE BELL**

**TIME TO
EXCEL**



AWESOME EXPLORATION IN PROGRESS!

After School Academy is part of the YMCA's history of dedication to youth development. It was established to meet the needs of working parents while providing children with a fun, safe, and enriching environment. Our program offers a variety of daily activities focusing on the following:

- Academic Support (Reading and STEM)
- CATCH curriculum*
- Confidence and Character Development
- Fitness and Health Education
- Games
- Service Learning
- Homework Support with certified teachers
- YMCA Healthy Eating and Physical Activity Standards
- Healthy Snacks
- Guest Speakers and demonstrations
- Arts and crafts

Learning doesn't stop when the school day ends. The Y provides the academic support needed to help students achieve their full potential. Each day is filled with educational activities that also incorporate active play to develop a lifelong love of health and wellness.

Stokes Family YMCA K-5 After School Academy

BUILD YOUR OWN PLAN:

Choose an option that works for you! After School, Spring Break and Out of School days. A one time \$45 registration fee applies to all after school options.

After School Options

- **3 Day-After School (Monthly Rate)**
 - \$145 Members
 - \$196 Potential Members
- **5 Day-After School (Monthly Rate)**
 - \$175 Members
 - \$241 Potential Members

Out of School Day Options (Payment is due at registration)

- **Out of School Days (Daily Rate)**
 - \$35 Members
 - \$45 Potential Members

Snow & Early Dismissal Options

Snow and Early dismissal days are included FREE in all afterschool options

*CATCH stands for Coordinated Approach to Child's Health. For over 25 years, the CATCH platform has been proven to launch kids and communities toward healthier lifestyles. Originators of "GO, SLOW and WHOA" food categories, CATCH is the most cost effective means of preventing childhood obesity, in an environment that's fun and easy to sustain.

Important Dates to Remember

Remember: Snow and Early Release days are included FREE in all After School options.*

SEPTEMBER

September 6 Labor Day CLOSED

OCTOBER

October 25 Out of School Day 7:00 a.m. - 6:00 p.m.

NOVEMBER

November 11 Out of School Day 7:00 a.m. - 6:00 p.m.

November 24 Out of School Day 7:00 a.m. - 6:00 p.m.

November 25-26 Thanksgiving and Holiday CLOSED

DECEMBER

December 21 Early Release Day

December 22-23 Winter Camp 7:00 a.m. - 6:00 p.m.

December 24 Christmas Eve CLOSED

December 27-30 Winter Camp 7:00 a.m. - 6:00 p.m.

December 31 New Years Eve CLOSED

JANUARY

January 3 Out of School Day 7:00 a.m. - 6:00 p.m.

January 14 Out of School Day 7:00 a.m. - 6:00 p.m.

January 17 Out of School Day 7:00 a.m. - 6:00 p.m.

FEBRUARY

February 21 Out of School Day 7:00 a.m. - 6:00 p.m.

MARCH

March 21 Out of School Day 7:00 a.m. - 6:00 p.m.

APRIL

April 15 Good Friday Holiday CLOSED

April 18-22 Spring Break 7:00 a.m. - 6:00 p.m.

MAY

May 30 Memorial Day Holiday CLOSED

JUNE

June 1-3 Out of School Day 7:00 a.m. - 6:00 p.m.

*Those not enrolled in the YMCA After School Program must pay Out of School Day prices.

MAXIMIZE YOUR SAVINGS!

Become a YMCA member and save money on After School Academy, Youth Sports, Swim Lessons, and more!

- Unlimited access to the YMCA
- Free group and family fitness classes
- Free access to swimming pool, basketball, and raquetball courts
- Free Kids Zone (formerly Child Watch) available with memberships that include dependents
- Discounted rates on Youth Sports, Swim Lessons, and other programs
- No membership contracts!

FINANCIAL ASSISTANCE

The Y is committed to turning no one away from a program or membership due to an inability to pay. Financial assistance is available through the Y's Open Doors program to those who qualify. Inquire at the Stokes Family YMCA for more information or call our Youth Development office at 336 727 4849. The Y is a United Way Agency.



“My daughter has attended the After School Program since the first day of kindergarten. She enjoys the homework assistance, games, healthy snacks, arts and crafts, physical activity, and everything else the program has to offer. She has made great friends through the Y. The counselors are caring, dedicated, and professional. As a working mother, there is nothing more reassuring than knowing that my child is happy and well cared for.”

-Anne

For more information, please visit www.ymcanwnc.org or your local branch.