



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

November 2021 Lap Pool Schedule: Jerry Long Family YMCA

MONDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5AM-3:15PM	LAP	LAP	LAP	LAP	LAP	LAP
3:15-6:45PM	LAP	TYDE	TYDE	TYDE	TYDE	TYDE
6:45-7:45PM	LAP	LAP	LAP	LAP	LAP	LAP
7:45-8:45PM	LAP	LAP	Swim Team	Swim Team	Swim Team	Swim Team

TUESDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5-6AM	LAP	LAP	LAP	LAP	LAP	LAP
6-7AM	LAP	LAP	LAP	TYDE	TYDE	TYDE
7AM-3:15PM	LAP	LAP	LAP	LAP	LAP	LAP
3:15-7:45PM	LAP	TYDE	TYDE	TYDE	TYDE	TYDE
7:45-8:45PM	LAP	LAP	Swim Team	Swim Team	Swim Team	Swim Team

WEDNESDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5AM-3:15PM	LAP	LAP	LAP	LAP	LAP	LAP
3:15-6:45PM	LAP	TYDE	TYDE	TYDE	TYDE	TYDE
6:45-7:45PM	LAP	LAP	LAP	LAP	LAP	LAP
7:45-8:45PM	LAP	LAP	Swim Team	Swim Team	Swim Team	Swim Team

THURSDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5-6AM	LAP	LAP	LAP	LAP	LAP	LAP
6-7AM	LAP	LAP	LAP	LAP	LAP	LAP
7AM-3:15PM	LAP	LAP	LAP	LAP	LAP	LAP
3:15-7:45PM	LAP	TYDE	TYDE	TYDE	TYDE	TYDE
7:45-8:45PM	LAP	LAP	Swim Team	Swim Team	Swim Team	Swim Team

FRIDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5-6AM	LAP	LAP	LAP	LAP	LAP	LAP
6-7AM	LAP	LAP	LAP	TYDE	TYDE	TYDE
7AM-3:15PM	LAP	LAP	LAP	LAP	LAP	LAP
3:15-6:45PM	LAP	TYDE	TYDE	TYDE	TYDE	TYDE
6:45-7:45PM	LAP	LAP	LAP	LAP	LAP	LAP

SATURDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
7-8:30AM	LAP	LAP	LAP	TYDE	TYDE	TYDE
8:30AM-4:45PM	LAP	LAP	LAP	LAP	LAP	LAP

SUNDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
12-4:45PM	LAP	LAP	LAP	LAP	LAP	LAP

JERRY LONG FAMILY YMCA

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Our Mission: "Helping all people reach their God-given potential in spirit, mind and body." Financial Assistance available.