

WHAT'S A DAY LIKE AT YMCA CAMP HANES?

Your "typical" day here at YMCA Camp Hanes will be anything but ordinary. You'll wake up early in the cozy, air-conditioned cabin that you share with around 9-11 other kids your age (along with friendly, caring and highly qualified camp counselors).

Then you're off to the dining hall for a big, hearty breakfast – and maybe some good-natured fun with your fellow campers.

A little later, you'll head over to the chapel for a short character-driven assembly to start the day.

Now, the real excitement begins.

A portion of the camper's day is spent in choice activities that the camper will pick when they arrive at camp on Sunday. The rest of the day is spent with their cabin group doing activities together.

You and your cabin group will get to choose great activities that you'd like to participate in together during the week.

Each week is designed in partnership with campers to help them pack in the most fun and excitement into their stay.

OVERNIGHT CAMP SESSIONS

- Session One: June 19-24
- Session Two: June 26-July 1
- Session Three: July 3-8
- Session Four: July 10-15
- Session Five: July 17-22
- Session Six: July 24-29
- Session Seven: July 31-August 5

YMCA Camp Hanes
1225 Camp Hanes Road
King, NC 27021



YMCA CAMP HANES

Established in 1927, YMCA Camp Hanes has served as a source of fun, inspiration and personal growth for generations of young people in North Carolina and beyond.

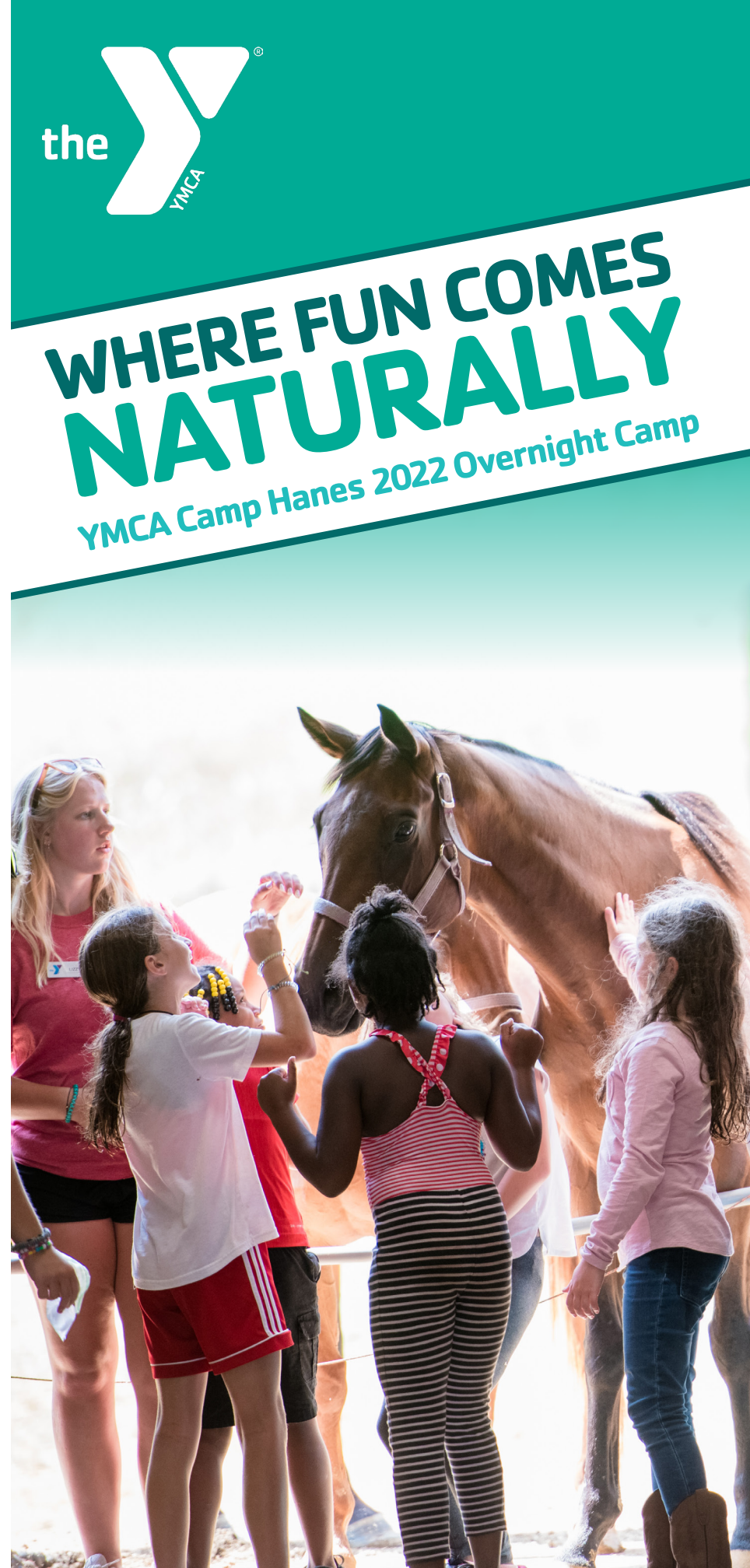
Guided by Christian values that include a deep respect for all faiths, we at YMCA Camp Hanes strive to instill added confidence and character in each of our campers – all in the context of a laugh-out-loud good time.

Financial scholarships available.

NO one will be turned away because of an inability to pay.

www.camphanes.org 336 983 3131

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WHERE FUN COMES NATURALLY

YMCA Camp Hanes 2022 Overnight Camp



THE RIGHT PROGRAMS FOR EVERY AGE

In our weeklong Traditional Camp sessions, our campers are divided into three distinct activity groups, based on age – and all our activities are supervised by trained staff members to ensure each camper’s safety and enjoyment. Many of our activities are offered to all three age groups, allowing campers to progress each summer as they continue to hone their skills and talents.

At YMCA Camp Hanes we are always striving to meet our camper’s needs. We have been excited to see our camper number grow over the past years. We want to continue to offer programs that help campers develop a sense of achievement, belonging and build great relationships.

In order to reach these goals we offer our traditional camp in three age groups opening opportunities for all our campers. Our Climbers (ages 6-9) program will grow camper’s confidence. The Mountaineers (ages 10-12) will move toward independence and the Explorers (ages 13-15) will work on developing skills in a positive social atmosphere.

CLIMBERS AGES 6-9 (RISING 1ST-4TH GRADERS)

The focus for our Climber campers is to build self-confidence and explore a variety of activities so they can learn about themselves and which activities they prefer. This age group also benefits from the lowest ratio of campers to staff members.

MOUNTAINEERS AGES 10-12 (RISING 5TH-7TH GRADERS)

The campers in this age group are able to do a few more activities than the Climbers. They spend their day together as a cabin doing camp activities and bonding with each other along the way!

EXPLORERS AGES 13-15 (RISING 8TH-10TH GRADERS)

The campers in the Explorer age group spend their day together in groups and participating in camp activities. All camp activities are available to this age group who also focus their day on socializing and making life-long friendships. Because of the Explorer-level campers’ expanded activities, their typical day at camp may run a little longer before they enjoy evening activities as a cabin group.

COST: Traditional Camp: \$895

Besides our Traditional Camp, we offer two unique camping experiences for older children who are eager to take on greater challenges and/or further their leadership skills.

LEADERS IN TRAINING (LIT) (RISING 10TH GRADERS)

LIT is a two-week program that helps participants grow in spirit, mind and body. The first week focuses on leadership development, teambuilding and volunteer service. The second week is hiking and camping locally in nearby state parks.

COST: Leader in Training: \$1450

COUNSELORS IN TRAINING (CIT) (RISING 11TH GRADERS)

CIT is a two-week, hands-on experience for individuals who would like to be counselors at YMCA Camp Hanes. During counselor training, participants also learn about the importance of hard work. They develop their strengths. And they become better prepared for the future.

If you are interested in the CIT program you must submit a letter of interest to Amelia Johnson. A Zoom call with all participants and families will be set at a later date to discuss roles and responsibilities.

COST: Counselor in Training: \$425

BENEFITS OF CAMP

Children, now more than ever, need the experience of camp. After two years of trauma and isolation due to the pandemic our children need an outlet and a way to continue their social and emotional development. Camp Hanes provides amazing activities but the human connection and friendships that are built and strengthened at camp are the real highlight! Camp also provides a week of relaxation & being unplugged in the outdoors which is known to reduce stress. Campers can do all this and gain a sense of independence in a safe space with trained staff.



CABIN ACTIVITIES

The campers in each cabin participate together in daily activities. Options may include:

SWIMMING/POOL

GAMES

SPORTS

ARTS & CRAFTS

CANOEING

HIGH ROPES*

TEAM BUILDING

CREEK STUDY

ZIP LINES

OUTDOOR COOKING

SLING SHOTS

PADDLEBOARDS

NATURE ROOM

SERVICE PROJECTS

VOLLEYBALL

LOW ROPES

HIKING

THE BLOB*

CLIMBING WALL*

ARCHERY

KAYAKING

HORSEBACK RIDING

FISHING

RIFLERY*

CLIMBING

ARTS & CRAFTS

SPORTS

**5-STAND SHOOTING CLAYS*
(SHOTGUN RANGE)**

***Ages 10 and up**

EVENING ACTIVITIES

CAMPFIRES

“ROCKS” GAME

POOL PARTIES

SKIT NIGHTS

S’MORES

CABIN GAMES

PLEASE VISIT OUR WEBSITE FOR MORE INFORMATION AND REGISTER FOR SUMMER TODAY! www.camphanes.org

Any Questions? Contact Amelia Johnson, Associate Overnight Camp Director, at amelia.johnson@ymcanwnc.org or 336-983-3131.