



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

2021 POOL SCHEDULE

We are so glad you will be joining us in the pool at the Y! We invite members and their guests in middle school* and up to give your body the gift of low/no impact workouts using the resistance of the water. Choose between our 82-83 degree Lap Pool and our 88-89 degree Sunshine Pool. Our pool availability is based on the different programming we have going on in the pool. Please check availability upon arrival.

*All youth 12 and under must be accompanied by an adult.

Unless otherwise noted, there will be a swim lane available for member lap swim. Please see a lifeguard for a designated lane.

MONDAY

START	END	CLASS/GROUP	POOL USED	AVAILABLE
8:00am	8:45am	Deep Water Extreme	Open Swim /1 Lap Lane	3 Lap Lanes
9:00am	9:45am	Aqua Fit	Sunshine	4 Lap Lanes/Open Swim Area
10:00am	10:45am	Aqua Basics	Sunshine	4 Lap Lanes/Open Swim Area
11:00am	11:45am	Sweat'n & Step'n	Sunshine	4 Lap Lanes/Open Swim Area
6:45pm	7:45pm	Wilkes Swim Team	4 Lap Lanes	Open Swim Area/Sunshine Pool

TUESDAY

START	END	CLASS/GROUP	POOL USED	AVAILABLE
4:00pm	5:00pm	Alexander Swim Team	4 Lap Lanes	Open Swim Area/ Sunshine Pool

WEDNESDAY

START	END	CLASS/GROUP	POOL USED	AVAILABLE
8:00am	8:45am	Deep Water Extreme	Open Swim /1 Lap Lane	3 Lap Lanes
9:00am	9:45am	Aqua Fit	Sunshine	4 Lap Lanes/Open Swim Area
10:00am	10:45am	Aqua Basics	Sunshine	4 Lap Lanes/Open Swim Area
11:00am	11:45am	Sweat'n & Step'n	Sunshine	4 Lap Lanes/Open Swim Area
4:00pm	5:00pm	Alexander Swim Team	4 Lap Lanes	Open Swim Area/ Sunshine Pool
6:45pm	7:45pm	Wilkes Swim Team	4 Lap Lanes	Open Swim Area/Sunshine Pool

THURSDAY

START	END	CLASS/GROUP	POOL USED	AVAILABLE
4:00pm	5:00pm	Alexander Swim Team	4 Lap Lanes	Open Swim Area/ Sunshine Pool
6:45pm	7:45pm	Wilkes Swim Team	4 Lap Lanes	Open Swim Area/Sunshine Pool

FRIDAY

START	END	CLASS/GROUP	POOL USED	AVAILABLE
8:00am	8:45am	Deep Water Extreme	Open Swim /1 Lap Lane	3 Lap Lanes
9:00am	9:45am	Aqua Fit	Sunshine	4 Lap Lanes/Open Swim Area
10:00am	10:45am	Aqua Basics	Sunshine	4 Lap Lanes/Open Swim Area
11:00am	11:45am	Sweat'n & Step'n	Sunshine	4 Lap Lanes/Open Swim Area

SATURDAY

START	END	CLASS/GROUP	POOL USED	AVAILABLE
8:30am	11:30am	Swim Lessons	Sunshine/1 Lap Lane	3 Lap Lanes/Open Swim Area

WILKES FAMILY YMCA

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Our Mission: "Helping all people reach their God-given potential in spirit, mind and body."