



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Winter Sports Safety Guidelines

At the YMCA, we are doing everything we can to keep everyone safe by following state and local guidelines.

Following NC DHHS guidance, we have developed some new protocols; these include social distancing efforts and cleaning procedures. Please note, all policies are subject to change in accordance with any new guidance.

In order to keep all participants safe, we have instituted the following health and safety protocols:

- Face coverings are not required for players while they are actively playing, officials that are actively officiating a sport or while drinking.
- In gymnasiums, face coverings are required for all coaches, volunteers and players that are not actively practicing or playing in a sport.
- Spectators will not be limited however we suggest spectators only be those in the player's household to help with physical distancing. Spectators are expected to comply with all local health and safety mandates with regard to face coverings.
- No one should attend practice or game if not feeling well, has a fever, currently under quarantine or has been in contact with someone with COVID-19 in the last 14 days. Personal health and safety are the responsibility of all players, coaches, volunteers and staff.
- If a positive COVID-19 test is reported to the YMCA, those impacted will be notified, while keeping the individual's identity confidential. Any player, coach, volunteer or staff may be readmitted to the program with a note signed by a physician or a negative COVID-19 test.

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YMCA OF NORTHWEST NORTH CAROLINA SPORTS

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Our Mission: "Helping all people reach their God-given potential in spirit, mind and body." Financial Assistance available.