



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

JANUARY 2022 COMMUNITY POOL SCHEDULE- KERNERSVILLE YMCA

JAN. SWIM MEETS & EVENTS: TYDE WILL SWIM 5-6:30P ON HS MEET DATES: LANES 1-8

- **Thurs. Jan. 7, 6:30-9pm:** RJR/EFS/Glenn HS Swim Meet
- **Sat. Jan. 8, ALL DAY:** TYDE Saturday Races Swim Meet
- **Sat- Sun, Jan 8-9, ALL DAY :** High Point Swim Club Swim Meet
- **Wed. Jan. 12, 6:30-9pm:** FHE HS Swim Meet
- **Fri. Jan 14, 6:30-9pm:** MT/Glenn/PRKL HS Swim Meet
- **Fri. Jan. 21, 4-8pm:** CPC Conference Swim Meet
- **Sat-Sun, Jan. 22-23, ALL DAY:** Swim Fanatics Swim Club Swim Meet
- **Wed. Jan. 26, 4-8pm:** CCC Conference Swim Meet
- **Thurs. Jan. 27, 6:30-9pm:** Summit Middle School Swim Meet

MON/FRI	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
5AM-6AM	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP
6-7AM	LAP	LAP	HSST	HSST	HSST	HSST	HSST	HSST
7-8AM	LAP	LAP	LAP	HSST	HSST	HSST	HSST	HSST
8AM-3:45PM	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP
3:45-5PM	LAP	LAP	HSST	HSST	HSST	HSST	HSST	HSST
5-6:30PM	LAP	TYDE	TYDE	TYDE	TYDE	TYDE	TYDE	TYDE
6:30-7:30PM	LAP	LAP	TYDE	TYDE	TYDE	TYDE	TYDE	TYDE
7:30-7:45PM	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP

TUE/WED/THU	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
5AM-6AM	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP
6-7AM	LAP	LAP	HSST	HSST	HSST	HSST	HSST	HSST
7-8AM	LAP	LAP	LAP	HSST	HSST	HSST	HSST	HSST
8AM-3:45PM	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP
3:45-5PM	LAP	LAP	HSST	HSST	HSST	HSST	HSST	HSST
5-6:30PM	LAP	TYDE	TYDE	TYDE	TYDE	TYDE	TYDE	TYDE
6:30-7:30PM	OPEN	LAP	LAP	LAP	LAP	TYDE	TYDE	TYDE
7:30-7:45PM	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP

SATURDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
8-9:15 AM	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP
9:15A-5:30P	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP

SUNDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
1-5:30PM	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP

KERNERSVILLE FAMILY YMCA

1113 West Mountain Street

Kernersville, NC 27284 P (O) 336 996 2231 (F) 336.996.8605 www.kernersvilleymca.org A United Way Agency

Our Mission: "Helping all people reach their God-given potential in spirit, mind and body."



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Lane allocation will adjust depending on participation numbers.

Lifeguard has final say so regarding pool policies and lanes usage.

Multiple activities are often scheduled in this pool at the same time.

- Lane changes are made by the lifeguard 5 minutes before the time indicates.
- Please get equipment (kickboards, pull buoys, etc.) before entering the pool and please put them away after use.
- To avoid accidents please get the swimmer's attention that you are there before entering an occupied lane.
- If 2 swimmers are in a lane they may elect to split the lane in half; use circle swim when 3+ swimmers are in a lane.
- Children 8th grade and younger must be swim tested to determine swim level; All elementary age children (5th grade & under) must have a parent or guardian (18+) on pool deck/area at all times regardless of swim level.
- Color bands must be worn – GREEN (Swimmer-can swim anywhere), RED (Non-swimmer-shallow end only)
 - See Swim Test Policy for details regarding the swim tests
- Pool rules must be followed (posted) and lifeguards have the final say including on all swim tests.

Any questions/concerns contact: Sr. Aquatics Director, Jonathan Sasser (336)996-2231 or j.sasser@ymcanwnc.org or Associate Aquatics Director, Beth Boul at b.boul@ymcanwnc.org

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