

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

# LEARN TO SAVE LIVES

# Lifeguard Certification At the Statesville Family YMCA

Becoming a lifeguard is more than just a job. Learning to save a life is a big responsibility. That's why we have certified trainers to engage class participants in the coursework that prepares you for a lifeguarding job or just helps you be better prepared in the water.

#### **CERTIFICATIONS WILL BE EARNED IN**

- YMCA LIFEGUARD
- BASIC LIFE SUPPORT (CPR & AED)
- OXYGEN ADMINISTRATION
- BASIC FIRST AID

#### **Equipment provided:**

- Lifeguard Trainer Book
- Fanny Pack with CPR Pocket Mask
- A whistle and lanyard

Also includes access to our Facility Pool for the duration of the class!

**Cost:** Full Class-Members:\$250

#### Class Dates & Times-2022

February 25-March 11, June 3–17, October 7-29 (See Next Page for Specific Dates and Times)

#### **Questions?**

Get in touch with Aquatics Director Mitsuko Sugimoto at m.sugimoto@ymcanwnc.org or call (704)873-9622.





# Lifeguard Full Class Days/Times:

## Feb./March Class:

June Class:

 Friday 2/25<sup>th</sup>
 4:30pm-7pm

 Monday- Friday 7<sup>th</sup> -11<sup>th</sup>
 8am-1pm

Friday 3 Monday – Friday 13–17

4:30pm-7pm 8am-1pm

## **October Class:**

4:30pm-7pm
4:30pm-7:30pm
8:30am-5:30pm
8:30am-5:30pm
12pm-6pm

Participants must be 16 years old by the last day of class and pass the swim test the first day of class. There are no refunds after the  $1^{st}$  day of class is completed.

## For More Information, Contact:

Mitsuko Sugimoto, aquatics director at <u>m.sugimoto@ymcanwnc.org</u> or (704)873-9622