

HERE FOR OUR COMMUNITY



Teen Referral Membership

Empowering teens to reach their full potential!

In 2022, the YMCA of Northwest North Carolina will pilot a new Teen Referral Membership initiative — REACHING OUR POTENTIAL. This new initiative will offer young people ages 12–18 years old (middle and high school students) in our communities a free membership to access the Y's fitness facilities, group exercise classes, basketball courts, swimming pools, and so much more.

In a world full of isolation and unrest that's present in our own communities, it is more important than ever that we keep our young people engaged in positive experiences in healthy, safe environments. Through initiatives for teens such as REACHING OUR POTENTIAL, we are helping to cultivate the values, skills and relationships that lead to positive behaviors, better health, and educational achievement to help teens reach their full potential.

UPDATED!
Now serving
more
communities!

TO BE ELIGIBLE FOR THIS INITIATIVE:

- Teens must be referred from their school guidance counselor, a YMCA staff member, or a community partner
- Be enrolled in and attending middle or high school
- Each branch will have a limited amount of free Teen Referral Memberships – so it will be first come, first served
- Complete the Teen Referral Membership Form and the YMCA Membership Application (Participants will need a Parent/Guardian signature on the Membership Application)
- All teens will be required to attend a "REACHING OUR POTENTIAL ORIENTATION" at the Y and complete a pre and post survey



**LEARN
MORE!**

WHAT IS INCLUDED IN THE INITIATIVE:

- A free Teen Membership through the remainder of the calendar year (2022)
- We will provide snacks to the teens 3–5 times per week (only at selected branches)*
- We will provide optional mentoring and/or tutoring a couple of times per week (only at selected branches)*
- We will work with our community partners to provide resources and Teen Talks around Social Emotional Learning (SEL) and other relevant topics for teens
- A trip to YMCA Camp Hanes
- In addition to the new REACHING OUR POTENTIAL initiative, the YMCA of Northwest North Carolina is offering a variety of virtual and in-person programs for teens, including Black and Latino Achievers, Youth & Government, Teen Talks by the Boys and Young Men of Color Initiative, and Teen Nights (LEVEL UP Program coming in late 2022).

*Branches: Statesville Family YMCA, William G. White, Jr. Family YMCA and the YMCA REACH Center (Winston Lake Family YMCA)

QUESTIONS? Contact your local branch today to get more information. If you have any questions regarding registration, you may contact the YMCA of NWNC Member Service Center at memberservice@ymcanwnc.org, or call 336 777 8055, option 8.