



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## NOVEMBER 2022 COMMUNITY POOL SCHEDULE- KERNERSVILLE YMCA

### NOVEMBER SWIM MEETS & EVENTS:

- **Fri, Nov 4, 4:00-8:00pm:** TYDE Tailgate Swim Meet
- **Fri, Nov 11, 4:00-8:00pm:** Swim Fanatics Fall Harvest Swim Meet
- **Sat-Sun, Nov 12-13, ALL DAY:** Swim Fanatics Fall Harvest Swim Meet
- **Thurs, Nov 17, 6:30-9pm :** East Forsyth HS Swim Meet
- **Fri, Nov 18, 6:30-9pm :** Bishop McGuinness HS Swim Meet
- **Tues, Nov 29, 6:30-9pm :** Glenn HS Swim Meet

MON/TUE/THU	LANE 1	LANE2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
<b>5-6AM</b>	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP
<b>6-7AM</b>	OPEN	LAP	LAP	HSST	HSST	HSST	HSST	HSST
<b>7AM-3:45PM</b>	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP
<b>3:45-5PM</b>	OPEN	HSST	HSST	HSST	HSST	HSST	HSST	HSST
<b>5-6PM</b>	OPEN	LAP	HSST	HSST	HSST	TYDE	TYDE	TYDE
<b>6-8PM</b>	OPEN	OPEN	LAP	LAP	TYDE	TYDE	TYDE	TYDE
<b>8-8:45PM</b>	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP

WED	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
<b>5-6AM</b>	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP
<b>6-7AM</b>	OPEN	LAP	LAP	HSST	HSST	HSST	HSST	HSST
<b>7AM-3:45PM</b>	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP
<b>3:45-5PM</b>	OPEN	HSST	HSST	HSST	HSST	HSST	HSST	HSST
<b>5-6PM</b>	OPEN	LAP	HSST	HSST	HSST	TYDE	TYDE	TYDE
<b>6-7PM</b>	OPEN	LAP	LAP	LAP	TYDE	TYDE	TYDE	TYDE
<b>7-8:45PM</b>	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP

FRI	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
<b>5-6AM</b>	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP
<b>6-7AM</b>	OPEN	LAP	LAP	HSST	HSST	HSST	HSST	HSST
<b>7AM-3:45PM</b>	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP
<b>3:45-5PM</b>	OPEN	HSST	HSST	HSST	HSST	HSST	HSST	HSST
<b>5-6PM</b>	OPEN	LAP	LAP	LAP	HSST	HSST	HSST	TYDE
<b>6-7PM</b>	OPEN	OPEN	LAP	LAP	LAP	LAP	TYDE	TYDE
<b>7-7:45PM</b>	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP

SATURDAY	LANE 1	LANE 2	LANE3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
<b>8AM-5:30PM</b>	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP

SUNDAY	LANE 1	LANE 2	LANE3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
<b>1-5:30 PM</b>	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP

### KERNERSVILLE FAMILY YMCA

1113 West Mountain Street

Kernersville, NC 27284 P (O) 336 996 2231 (F) 336.996.8605 [www.kernersvilleymca.org](http://www.kernersvilleymca.org) A United Way Agency

Our Mission: "Helping all people reach their God-given potential in spirit, mind and body."



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Lane allocation will adjust depending on participation numbers.

Lifeguard has final say so regarding pool policies and lanes usage.

Multiple activities are often scheduled in this pool at the same time.

- Lane changes are made by the lifeguard 5 minutes before the time indicates.
- Please get equipment (kickboards, pull buoys, etc.) before entering the pool and please put them away after use.
- To avoid accidents please get the swimmer's attention that you are there before entering an occupied lane.
- If 2 swimmers are in a lane they may elect to split the lane in half; use circle swim when 3+ swimmers are in a lane.
- Children 8<sup>th</sup> grade and younger must be swim tested to determine swim level; All elementary age children (5<sup>th</sup> grade & under) must have a parent or guardian (18+) on pool deck/area at all times regardless of swim level.
- Color bands must be worn – GREEN (Swimmer-can swim anywhere), RED (Non-swimmer-shallow end only)
  - See Swim Test Policy for details regarding the swim tests
- Pool rules must be followed (posted) and lifeguards have the final say including on all swim tests.

**Any questions/concerns contact:** Aquatics Director, Beth Boul at [b.boul@ymcanwnc.org](mailto:b.boul@ymcanwnc.org)

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