



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

DECEMBER 2022 COMMUNITY POOL SCHEDULE- KERNERSVILLE YMCA

DECEMBER SWIM MEETS & EVENTS:

- **Fri, Dec 2, 6:30pm-9:00pm:** Atkins HS Swim Meet
- **Sat, Dec 3, 8am-4pm:** Star Aquatics Swim Meet
- **Wed, Dec 7, 6:30-9pm:** Glenn HS Swim Meet
- **Thurs, Dec 8, 6:30-9pm :** Parkland HS Swim Meet
- **Fri, Dec 9, 4:00-9pm :** TYDE Winter Invite Swim Meet
- **Sat-Sun, Dec 10-11, ALL DAY:** TYDE Winter Invite Swim Meet
- **Tues, Dec 13, 6:30-9pm:** East Forsyth HS Swim Meet
- **Thurs, Dec 15, 6:30-9pm:** Reynolds HS Swim Meet
- **Fri, Dec 16, 6:30-9pm:** Bishop McGuinness HS Swim Meet

MON/TUE/THU	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
5-6AM	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP
6-7AM	OPEN	LAP	LAP	HSST	HSST	HSST	HSST	HSST
7AM-3:45PM	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP
3:45-5PM	OPEN	HSST	HSST	HSST	HSST	HSST	HSST	HSST
5-6PM	OPEN	LAP	HSST	HSST	HSST	TYDE	TYDE	TYDE
6-8PM	OPEN	OPEN	LAP	LAP	TYDE	TYDE	TYDE	TYDE
8-8:45PM	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP

WED	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
5-6AM	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP
6-7AM	OPEN	LAP	LAP	HSST	HSST	HSST	HSST	HSST
7AM-3:45PM	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP
3:45-5PM	OPEN	HSST	HSST	HSST	HSST	HSST	HSST	HSST
5-6PM	OPEN	LAP	HSST	HSST	HSST	TYDE	TYDE	TYDE
6-7PM	OPEN	LAP	LAP	LAP	TYDE	TYDE	TYDE	TYDE
7-8:45PM	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP

FRI	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
5-6AM	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP
6-7AM	OPEN	LAP	LAP	HSST	HSST	HSST	HSST	HSST
7AM-3:45PM	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP
3:45-5PM	OPEN	HSST	HSST	HSST	HSST	HSST	HSST	HSST
5-6PM	OPEN	LAP	LAP	LAP	HSST	HSST	HSST	TYDE
6-7PM	OPEN	OPEN	LAP	LAP	LAP	LAP	TYDE	TYDE
7-7:45PM	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP

KERNERSVILLE FAMILY YMCA

1113 West Mountain Street

Kernersville, NC 27284 P (O) 336 996 2231 (F) 336.996.8605 www.kernersvilleymca.org A United Way Agency

Our Mission: "Helping all people reach their God-given potential in spirit, mind and body."



FOR YOUTH DEVELOPMENT®
 FOR HEALTHY LIVING
 FOR SOCIAL RESPONSIBILITY

SATURDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
8AM-5:30PM	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP

SUNDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
1-5:30 PM	OPEN	OPEN	LAP	LAP	LAP	LAP	LAP	LAP

Lane allocation will adjust depending on participation numbers.

Lifeguard has final say so regarding pool policies and lanes usage.

Multiple activities are often scheduled in this pool at the same time.

- Lane changes are made by the lifeguard 5 minutes before the time indicates.
- Please get equipment (kickboards, pull buoys, etc.) before entering the pool and please put them away after use.
- To avoid accidents please get the swimmer's attention that you are there before entering an occupied lane.
- If 2 swimmers are in a lane they may elect to split the lane in half; use circle swim when 3+ swimmers are in a lane.
- Children 8th grade and younger must be swim tested to determine swim level; All elementary age children (5th grade & under) must have a parent or guardian (18+) on pool deck/area at all times regardless of swim level.
- Color bands must be worn – GREEN (Swimmer-can swim anywhere), RED (Non-swimmer-shallow end only)
 - See Swim Test Policy for details regarding the swim tests
- Pool rules must be followed (posted) and lifeguards have the final say including on all swim tests.

Any questions/concerns contact: Aquatics Director, Beth Boul at b.boul@ymcanwnc.org