# HERE FOR OUR COMMUNITY



## Teen Referral Membership

### Empowering teens to reach their full potential!

In 2022, the YMCA of Northwest North Carolina piloted a Teen Referral Membership initiative — REACHING OUR POTENTIAL. This program provides students aged 11–18 years old in our communities with a free membership to access the Y's fitness facilities, group exercise classes, basketball courts, swimming pools, and so much more.

In a world full of isolation and unrest that's present in our own communities, it is more important than ever that we keep our young people engaged in positive experiences in healthy, safe environments. Programs such as REACHING OUR POTENTIAL help students cultivate the values, skills, and relationships that lead to positive behaviors, better health, and educational achievement to help teens reach their full potential.

**2023 UPDATES! Now serving more communities!**

## TO BE ELIGIBLE FOR THIS INITIATIVE:

- Must be referred by their school guidance counselor, a YMCA staff member, or a community partner

- Be enrolled and attend middle or high school

- Complete the Teen Referral Membership Form and the YMCA Membership Application (Participants will need a Parent/Guardian signature on the Membership Application)

- Attend a "REACHING OUR POTENTIAL ORIENTATION" at the Y and complete a pre and post survey

## WHAT IS INCLUDED IN THE INITIATIVE:

- A free Teen Membership through the end of 2023

- Ability to participate in teen special events such as Teen Talks

- A leadership retreat at YMCA Camp Hanes

- In addition to the REACHING OUR POTENTIAL program, the YMCA of Northwest North Carolina offers a variety of virtual and in-person programs for teens, including Black and Latino Achievers, Leaders Club, Youth & Government, Teen Talks by the Boys and Young Men of Color Initiative, and So Much More!

**LEARN MORE!**

**QUESTIONS?** Contact your local branch today to get more information. If you have any questions regarding registration, you may contact the YMCA of NWNC Member Service Center at memberservice@ymcanwnc.org, or call 336 777 8055, option 8.