

# March 2023-SMALL POOL SCHEDULE: Statesville Family YMCA

Swim Lessons (SL) — Tuesdays & Thursdays from 5:30pm to 7:30pm, Wednesdays at 1pm & Saturdays from 10am to 12:05pm

Γ	
MONDAY	
5AM-10AM	OPEN
10AM-11AM	CLASS
11AM-2PM	OPEN
2PM-4PM	CLOSED
4PM-7:30PM	OPEN
TUESDAY	
5AM-10AM	OPEN
10AM-11AM	CLASS
11AM-2PM	OPEN
2PM-4PM	CLOSED
4PM-5:30PM	OPEN
5:30PM-7:30PM	SL
WEDNESDAY	
5AM-10AM	OPEN
10AM-11AM	CLASS
11AM-2PM	OPEN
2PM-4PM	CLOSED
4PM-7:30PM	OPEN
THURSDAY	
5AM-10AM	OPEN
10AM-11AM	CLASS
11AM-2PM	OPEN
2PM-4PM	CLOSED
4PM-5:30PM	OPEN
5:30PM-7:30PM	SL
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FRIDAY	
5AM-10AM	OPEN
10AM-11AM	CLASS
11AM-2PM	OPEN CLASS
2PM-4PM	CLOSED
4PM-7PM	OPEN



SATURDAY	
8AM-10AM	OPEN
10AM-12:05PM	SL
12:05PM- 3:30PM	OPEN

SUNDAY	
1PM-4:30PM	OPEN

### **IMPORTANT NOTES:**

- Multiple activities are often scheduled in the Main pool at the same time.
- Please get equipment (kickboards, pull buoys, etc.) before entering the pool and please put them away after use. Equipment are for lap swimmers only.
- If there are 2 swimmers in a lane they may elect to split the lane in half or circle swim; use circle swim when 3+ swimmers are in a lane.
- Pool rules must be followed (posted) and lifeguards have the final say including on all swim tests.

## **SWIM TEST POLICY:**

- Children 8th grade and younger must be swim tested to determine swim level.
- All elementary age children (5th grade & under) must have a parent or guardian (18+) on pool deck/in the pool at all times regardless of swim level.
- Color bands must be worn GREEN (Swimmer-can swim anywhere), YELLOW (Beginner-small pool & big pool with PFD or parent within arm's reach in the pool), RED (Non-swimmer-small pool with PFD or parent within arm's reach in the pool.)
  - See Swim Test Policy for details regarding the swim tests.
  - One adult cannot be responsible for more than 2 RED level swimmers without lifejacket. We will allow a 1 adult to 4 red band swimmers/nonswimmers as long as all children are in life jackets.
  - Personal Flotation Device is recommended for RED level swimmers.
- Pool rules must be followed (posted) and lifeguards have the final say including on all swim tests.

### **SPECIAL OLYMPIC SWIM TEAM SEASON:**

February 20 through May 22, 2023; Every Mondays from 6pm to 8pm.



# March 2023-MAIN POOL SCHEDULE: Statesville Family YMCA

Reservation (RSV) - Reserve lap lanes on app. or website

Swim Lessons (SL) – Tuesdays & Thursdays at 6:30pm, Wednesdays at 1pm & Saturdays 10am to 12:05pm; Fridays will be the make-up day

TYDE - YMCA of NWNC swim team

Special Olympic Swim Team (SO) – February 20, 2023 through May 22, 2023; Mondays at 6pm

MONDAYS	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5AM-9:15AM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
9:15AM-10AM	CLASS	CLASS	CLASS	RSV 60min	RSV 60min	RSV 60min
10AM-11AM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
11AM-12PM	CLASS	CLASS	CLASS	RSV 60min	RSV 60min	RSV 60min
12PM-2PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
2PM-4PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
4PM-5PM	OPEN	OPEN	RSV 60min	RSV 60min	RSV 30min	RSV 30min
5PM-6PM	OPEN	OPEN	RSV 60min	RSV 30min	TYDE	TYDE
6PM-7PM	OPEN	OPEN	RSV 60min	50	50	50
7PM-7:30PM	OPEN	OPEN	RSV 30min	50	50	50

TUESDAYS	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
& THURSDAYS						
5AM-9:15AM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
9:15AM-10AM	CLASS	CLASS	CLASS	RSV 60min	RSV 60min	RSV 60min
11AM-2PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
2PM-4PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
4PM-5PM	CLASS	CLASS	RSV 60min	TYDE	TYDE	TYDE
5PM-6PM	OPEN	OPEN	RSV 60min	RSV 60min	TYDE	TYDE
6PM-6:30PM	OPEN	OPEN	RSV 60min	RSV 60min	RSV 60min	RSV 60min
6:30PM-7:30PM	OPEN	SL	SL	SL	RSV 30min	RSV 30min

WEDNESDAYS	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5AM-9:15AM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
9:15AM-10AM	CLASS	CLASS	CLASS	RSV 60min	RSV 60min	RSV 60min
10AM-11AM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
11AM-12PM	CLASS	CLASS	CLASS	RSV 60min	RSV 60min	RSV 60min
12PM-2PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
2PM-4PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
4PM-5PM	OPEN	OPEN	RSV 60min	RSV 60min	RSV 30min	RSV 30min
5PM-6PM	OPEN	RSV 30min	RSV 60min	RSV 60min	TYDE	TYDE
6PM-7PM	OPEN	OPEN	RSV 60min	RSV 60min	RSV 60min	RSV 60min
7PM-7:30PM	OPEN	OPEN	RSV 30min	RSV 30min	RSV 60min	RSV 60min



FRIDAYS	LANE 1	LANE 2	LANE 3	LANE4	LANE 5	LANE 6
5AM-11AM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
11AM-12PM	CLASS	CLASS	CLASS	RSV 60min	RSV 60min	RSV 60min
12PM-2PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
2PM-4PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
4PM-6:30PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
6:30PM-7PM	OPEN	OPEN	RSV 30min	SL (Make-	SL (Make-	SL (Make-up)
				up)	up)	

SATURDAY	LANE1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
8AM-10AM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
10AM-11AM	OPEN	SL	SL	RSV 60min	RSV 60min	RSV 60min
11AM-3:30PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min

SUNDAY	LANE1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
1PM-4:30PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min

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