



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA Sports Evaluation Process

Upon Arrival

1. Players will report to the check in table to confirm contact information.
2. Players will be given their player card and have their picture taken.
3. Parents will be given information about upcoming player draft process.
4. Players will head into the gym/field to wait for their turn to be evaluated.

Screening by YMCA Staff

The Y staff will pull groups of 10-16 kids to evaluate. Kids will potentially start with a quick warm up where they are stretched, run and do a few minor drills. If evaluation groups for certain sessions are smaller in number, this step may be shortened or skipped for the sake of time.

This group will then be transferred to the specified gym/court/field to be evaluated. The group will be split into two teams and play a short scrimmage or run through more advanced drills (8-10 minutes). Coaches will be on hand to evaluate the players in four categories specific to their sport.

Once the first group has completed the evaluation process, the second group, which would currently be warming up, will be pulled to the court/field/field and evaluated. Once a group is done with the evaluation segment, those participants are cleared to leave.

The Sports Department staff will compile totals and averages for each athlete which will be used for the upcoming player drafts.

* Please note that the evaluation process differs based on sport and the location/facility in which it is held. Some minor discrepancies are possible. Most evaluation sessions last as long as an hour but the time spent at the session depends on the number of kids in attendance among other factors. We appreciate your patience!



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Volleyball Evaluation Dates & Locations

Kernersville Family YMCA

Ages 9-11 Co-Ed

Tuesday, August 6

6:00pm

Ages 12-14 Co-Ed

Wednesday, August 7

6:00pm

Jerry Long Family YMCA

Ages 9-11 Co-Ed

Tuesday, August 6

5:30pm

Ages 12-14 Co-Ed

6:30pm

Stokes Family YMCA

Ages 9-11 Co-Ed

Thursday, August 8

6:30pm

Ages 12-14 Co-Ed

6:30pm

Soccer Evaluation Dates & Locations

Stokes Family YMCA

Ages 9-11 Co-Ed

Monday, August 5

6:00pm