

# REACHING OUR POTENTIAL

## Teen Referral Membership

Empowering teens to reach their full potential!

In 2022, the YMCA of Northwest North Carolina piloted a Teen Referral Membership initiative — REACHING OUR POTENTIAL. This program provides students aged 11–18 years old in our communities with a membership to access the Y’s fitness facilities, group exercise classes, basketball courts, swimming pools, and so much more.

In a world full of isolation and unrest, it is more important than ever that we keep our young people engaged in positive experiences in healthy, safe environments. Programs such as REACHING OUR POTENTIAL help students cultivate the values, skills, and relationships that lead to positive behaviors, better health, and educational achievement to help teens reach their full potential.



### TO BE ELIGIBLE FOR THIS MEMBERSHIP PROGRAM, A PARTICIPANT MUST:

- Be referred by their school guidance counselor, a YMCA staff member, or a community partner
- Be enrolled and attend middle or high school
- Complete the teen referral form available online (Participants will need a Parent/Guardian signature on the Membership Application)
- Attend a REACHING OUR POTENTIAL ORIENTATION at the Y and complete a pre and post survey

### WHAT IS INCLUDED IN THE PROGRAM:

- A REACHING OUR POTENTIAL Teen Membership through August of your high school graduation year (based on program eligibility and good standing)
- 20% discount on select YMCA of Northwest North Carolina programs
- Employment opportunities across our association

### QUESTIONS?

Contact your local branch today to get more information. If you have any questions regarding registration, you may contact the YMCA of NWNC Member Service Center at [memberservice@ymcanwnc.org](mailto:memberservice@ymcanwnc.org), or call 336 777 8055, option 8.

