



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

KERNERSVILLE FAMILY YMCA COMMUNITY POOL SCHEDULE MARCH 2025

	TIME	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6	LANE 7	LANE 8
MONDAY - THURSDAY	5AM-5PM	OPEN SWIM	OPEN SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
	5PM-7:30PM	OPEN SWIM	OPEN SWIM	LAP SWIM	LAP SWIM	TYDE	TYDE	TYDE	TYDE
	7:30PM-8:45PM	OPEN SWIM	OPEN SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
FRIDAYS	ALL DAY	OPEN SWIM	OPEN SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
SATURDAYS	8AM - 12PM	OPEN SWIM	OPEN SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
	12PM-2PM	OPEN SWIM	OPEN SWIM	LAP SWIM	LAP SWIM	LAP SWIM	SPECIAL OLYMPICS		
	2PM-6PM	OPEN SWIM	OPEN SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM
SUNDAYS	ALL DAY	OPEN SWIM	OPEN SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM

Wed. March 5: Lanes 7 & 8 will be reserved from 4-5pm

Sun. March 23 & 30: Lanes 4-8 will be reserved from 3:30-5:30pm

KERNERSVILLE FAMILY YMCA

1113 West Mountain Street Kernersville, NC 27284

P (0) 336 996 2231 (F) 336.996.8605 www.kernersvilleymca.org A United Way Agency

Our Mission: "Helping all people reach their God-given potential in spirit, mind and body."



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- Lane allocation will adjust depending on participation numbers.
- Lifeguard has final say so regarding pool policies and lanes usage.
- Multiple activities are often scheduled in this pool at the same time.
- Lane changes are made by the lifeguard 5 minutes before the time indicates.
- Please get equipment (kickboards, pull buoys, etc.) before entering the pool and please put them away after use.
- To avoid accidents please get the swimmer's attention that you are there before entering an occupied lane.
- If 2 swimmers are in a lane they may elect to split the lane in half; use circle swim when 3+ swimmers are in a lane.
- Children 8th grade and younger must be swim tested to determine swim level. See Swim Test Policy for details regarding the swim tests.
- Swim tests are valid for 365 days. Children with valid swim tests may receive a swim band at the Membership Desk.
- Color bands must be worn:
 - GREEN: Can swim anywhere)
 - YELLOW: Can swim in the shallow end)
 - RED: Can swim in the shallow end with an adult in the water within reach
- All elementary age children (5th grade & under) must have a parent or guardian (18+) on pool deck at all times regardless of swim level. Middle School-aged swimmers who have not completed all sessions of their Middle School Orientation must also have a parent or guardian on deck regardless of swim level.
- Pool rules must be followed and lifeguards have the final say including on all swim tests.

Any questions/concerns contact:

Aquatics Director, Katie Searles k.searles@ymcanwnc.org