



## April 2025–SMALL POOL SCHEDULE: Statesville Family YMCA

**Swim Lessons (SL) – Tuesdays & Thursdays from 5:30pm to 7:30pm, Wednesdays at 1pm, Saturdays from 10am to 12:05pm**  
**Class – Refer to Water Fitness Class Schedule**  
**Safety Around Water (SAW)–Mondays at 4:30pm with Boys & Girls Club, Thursdays at 1pm with Success Institute Charter School, N.B.Mills April 15–17 from 11:30am to 1:30pm**  
**PHC Physical Therapy & Rehab Services (PHC)–Aqua Therapy Session through Piedmont Healthcare Rehab services Tuesdays & Fridays at 1pm**

<b>MONDAYS</b>	
<b>5AM–10AM</b>	OPEN
<b>10AM–11AM</b>	CLASS
<b>11AM–4:30PM</b>	OPEN
<b>4:30PM–5:30PM</b>	SAW
<b>5:30PM–7:30PM</b>	OPEN

<b>TUESDAYS</b>	
<b>5AM–10AM</b>	OPEN
<b>10AM–11AM</b>	CLASS
<b>11AM–1PM</b>	OPEN
<b>1PM–2PM</b>	PHC
<b>2PM–5:30PM</b>	OPEN
<b>5:30PM–7:30PM</b>	SL

<b>WEDNESDAYS</b>	
<b>5AM–10AM</b>	OPEN
<b>10AM–11AM</b>	CLASS
<b>11AM–1PM</b>	OPEN
<b>1PM–2PM</b>	SL
<b>2PM–7:30PM</b>	OPEN

<b>THURSDAYS</b>	
<b>5AM–10AM</b>	OPEN
<b>10AM–11AM</b>	CLASS
<b>11AM–1PM</b>	OPEN
<b>1PM–2PM</b>	SAW
<b>2PM–5:30PM</b>	OPEN
<b>5:30PM–7:30PM</b>	SL

### STATESVILLE FAMILY YMCA

828 Wesley Drive, Statesville, NC 28677

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<b>FRIDAYS</b>	
<b>5AM-10AM</b>	OPEN
<b>10AM-11AM</b>	CLASS
<b>11AM-1PM</b>	OPEN
<b>1PM-2PM</b>	PHC
<b>2PM-3:30PM</b>	OPEN
<b>3:30PM-4:30PM</b>	AFTERSCHOOL SWIM
<b>4:30PM-7PM</b>	OPEN

<b>SATURDAYS</b>	
<b>8AM-10:00AM</b>	OPEN
<b>10:00AM-12:05PM</b>	SL
<b>12:05PM-3:30PM</b>	OPEN

<b>SUNDAYS</b>	
<b>1PM-4:30PM</b>	OPEN

### IMPORTANT NOTES:

- Multiple activities are often scheduled in the Main pool at the same time.
- Please get equipment (kickboards, pull buoys, etc.) before entering the pool and please put them away after use. Equipment are for lap swimmers only.
- If there are 2 swimmers in a lane they may elect to split the lane in half or circle swim; use circle swim when 3+ swimmers are in a lane.
- Pool rules must be followed (posted) and lifeguards have the final say including on all swim tests.

### SWIM TEST POLICY:

- Children 8<sup>th</sup> grade and younger are encouraged to take swim test to determine swim level.
- All elementary age children (5<sup>th</sup> grade & under) must have a parent or guardian (18+) on pool deck/in the pool at all times regardless of swim level.
- Middle school students (6<sup>th</sup>-8<sup>th</sup> grade) are allowed in the pool without a parent with completion of Middle School Orientation and passing the green swim test.
- Color bands must be worn – GREEN (Swimmer-can swim anywhere), YELLOW (Beginner-small pool & shallow end of big pool or parent within arm’s reach in the deep end of big pool), RED (Non-swimmer-small pool with PFD or parent within arm’s reach in the pool.)
  - See Swim Test Policy for details regarding the swim tests.
  - One adult cannot be responsible for more than 2 RED level swimmers without lifejacket. We will allow a 1 adult to 4 red band swimmers/nonswimmers as long as all children are in life jackets.
  - Personal Flotation Device is recommended for RED level swimmers.
- Pool rules must be followed (posted) and lifeguards have the final say including on all swim tests.

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## April 2025-MAIN POOL SCHEDULE: Statesville Family YMCA

**Reservation (RSV) – Reserve lap lanes on app. or website**  
**Swim Lessons (SL) – Tuesdays & Thursdays from 5:30pm to 7:30pm, Wednesdays at 1pm, Saturdays at 10am**  
**Special Olympic Swim Team (SO) – 2/14/2025-5/19/2025**  
**TYDE – YMCA of NWNC Swim Team Practice**  
**Safety Around Water (SAW) – Mondays at 4:30pm with Boys & Girls Club, Thursdays at 1pm with Success Institute Charter School, N.B.Mills April 15-17 from 11:30am – 1:30pm**

MONDAYS	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5AM-9:15AM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
9:15AM-10AM	CLASS	CLASS	CLASS	RSV 60min	RSV 60min	RSV 60min
10AM-11AM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
11AM-12PM	CLASS	CLASS	CLASS	RSV 60min	RSV 60min	RSV 60min
12PM-3:45PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
3:45PM-5PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
5PM-6PM	OPEN	OPEN	RSV 30min	TYDE	TYDE	TYDE
6PM-7:30PM	OPEN	OPEN	RSV 30min	SO	SO	SO

TUESDAYS	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5AM-8:15AM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
8:15AM-9AM	CLASS	CLASS	CLASS	RSV 60min	RSV 60min	RSV 60min
9AM-4PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
4PM-5PM	CLASS	CLASS	RSV 30min	TYDE	TYDE	TYDE
5PM-6PM	OPEN	OPEN	RSV 30min	TYDE	TYDE	TYDE
6PM-7:30PM	OPEN	OPEN	RSV 30min	RSV 60min	SL	SL

WEDNESDAYS	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5AM-9:15AM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
9:15AM-10AM	CLASS	CLASS	CLASS	RSV 60min	RSV 60min	RSV 60min
10AM-11AM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
11AM-12PM	CLASS	CLASS	CLASS	RSV 60min	RSV 60min	RSV 60min
12PM-7:30PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min

THURSDAYS	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5AM-8:15AM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
8:15AM-9AM	CLASS	CLASS	CLASS	RSV 60min	RSV 60min	RSV 60min
9AM-1PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
1PM-2PM	OPEN	SAW	SAW	RSV 60min	RSV 60min	RSV 60min
2PM-4PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
4PM-5PM	CLASS	CLASS	RSV 30min	TYDE	TYDE	TYDE
5PM-6PM	OPEN	OPEN	RSV 30min	TYDE	TYDE	TYDE
6PM-7:30PM	OPEN	OPEN	RSV 30min	RSV 60min	SL	SL

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FRIDAYS	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
5AM-11AM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
11AM-12PM	CLASS	CLASS	CLASS	RSV 60min	RSV 60min	RSV 60min
12PM-3:30PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
3:30PM-4:30PM	Afterschool	Afterschool	RSV 30min	RSV 60min	RSV 60min	RSV 60min
4:30PM-6PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
6PM-7PM	OPEN	OPEN	RSV 30min	RSV 30min	SL (Make-up)	SL (Make-up)

SATURDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
8AM-10AM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min
10AM-11AM	OPEN	OPEN	SL	RSV 60min	RSV 60min	RSV 60min
11AM-3:30PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min

SUNDAY	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
1PM-4:30PM	OPEN	OPEN	RSV 30min	RSV 60min	RSV 60min	RSV 60min

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