



# KERNERSVILLE FAMILY YMCA COMMUNITY POOL SCHEDULE MAY 2025

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

|                      | TIME          | LANE 1          | LANE 2    | LANE 3   | LANE 4   | LANE 5   | LANE 6           | LANE 7   | LANE 8   |
|----------------------|---------------|-----------------|-----------|----------|----------|----------|------------------|----------|----------|
| MONDAY -<br>THURSDAY | 5AM-5PM       | OPEN SWIM       | OPEN SWIM | LAP SWIM | LAP SWIM | LAP SWIM | LAP SWIM         | LAP SWIM | LAP SWIM |
|                      | 5PM-7:30PM    | SWIM*** LESSONS | OPEN SWIM | LAP SWIM | LAP SWIM | TYDE     | TYDE             | TYDE     | TYDE     |
|                      | 7:30PM-8:45PM | OPEN SWIM       | OPEN SWIM | LAP SWIM | LAP SWIM | LAP SWIM | LAP SWIM         | LAP SWIM | LAP SWIM |
| FRIDAY               | ALL DAY       | OPEN SWIM       | OPEN SWIM | LAP SWIM | LAP SWIM | LAP SWIM | LAP SWIM         | LAP SWIM | LAP SWIM |
| SATURDAY             | 8AM - 12PM    | OPEN SWIM       | OPEN SWIM | LAP SWIM | LAP SWIM | LAP SWIM | LAP SWIM         | LAP SWIM | LAP SWIM |
|                      | 12PM-2PM      | OPEN SWIM       | OPEN SWIM | LAP SWIM | LAP SWIM | LAP SWIM | SPECIAL OLYMPICS |          |          |
|                      | 2PM-6PM       | OPEN SWIM       | OPEN SWIM | LAP SWIM | LAP SWIM | LAP SWIM | LAP SWIM         | LAP SWIM | LAP SWIM |
| SUNDAY               | 1PM-3:30PM    | OPEN SWIM       | OPEN SWIM | LAP SWIM | LAP SWIM | LAP SWIM | LAP SWIM         | LAP SWIM | LAP SWIM |
|                      | 3:30PM-5:30PM | OPEN SWIM       | LAP SWIM  | LAP SWIM | LAP SWIM | LAP SWIM | LAP SWIM         | LAP SWIM | LAP SWIM |

\*\*\*Lane 1 will be used for swim lessons on Mondays and Wednesdays from 5pm – 6:35pm starting Wed. May 7 and ending Wed. May 21

The Community Pool will be closed for the Piedmont Plus Senior Games on Friday, May 30 from 8am-12pm

Tues. May 27 – Fri. May Lanes 7-8 will be reserved for the Kernersville Killer Whales swim practice from 1:15-2:15pm and 5:15-7:15pm



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

- Lane allocation will adjust depending on participation numbers.
- Lifeguard has final say so regarding pool policies and lanes usage.
- Multiple activities are often scheduled in this pool at the same time.
- Lane changes are made by the lifeguard 5 minutes before the time indicates.
- Please get equipment (kickboards, pull buoys, etc.) before entering the pool and please put them away after use.
- To avoid accidents please get the swimmer's attention that you are there before entering an occupied lane.
- If 2 swimmers are in a lane they may elect to split the lane in half; use circle swim when 3+ swimmers are in a lane.
- Children 8th grade and younger must be swim tested to determine swim level. See Swim Test Policy for details regarding the swim tests.
- Swim tests are valid for 365 days. Children with valid swim tests may receive a swim band at the Membership Desk.
- Color bands must be worn:
  - GREEN: Can swim anywhere
  - YELLOW: Can swim in the shallow end
  - RED: Can swim in the shallow end with an adult in the water within reach
- All elementary age children (5th grade & under) must have a parent or guardian (18+) on pool deck at all times regardless of swim level. Middle School-aged swimmers who have not completed all sessions of their Middle School Orientation must also have a parent or guardian on deck regardless of swim level.
- Pool rules must be followed and lifeguards have the final say including on all swim tests.

Any questions/concerns contact:

Aquatics Director, Katie Searles [k.searles@ymcanwnc.org](mailto:k.searles@ymcanwnc.org)