# <text>

# Forsyth County YMCA Before and After School Academy

# After School Academy is part of the YMCA's history of dedication to youth

**development.** It was established to meet the needs of working parents while providing children with a fun, safe, and enriching environment. Our program offers a variety of daily activities focusing on the following:

- Academic Support (Reading and STEM)
- CATCH curriculum\*
- Confidence and Character Development
- Fitness and Health Education
- Games
- Service Learning
- Homework Support with certified teachers
- YMCA Healthy Eating and Physical Activity Standards
- Healthy Snacks
- Arts and crafts

Learning doesn't stop when the school day ends. The Y provides the academic support needed to help students achieve their full potential. Each day is filled with educational activities that also incorporate active play to develop a lifelong love of health and wellness.

# **BUILD YOUR OWN PLAN:**

Choose an option that works for you! After School, Spring Break and Out of School days. A one time \$50 registration fee applies to all before and after school options.

### After School (monthly)

- 5 days a week: \$230 members / \$285 potential members
- 3 days a week: \$200 members / \$240 potential members

### Before School (monthly)

- 5 days a week: \$80 members / \$95 potential members
- Before School Drop In: \$20/day
- After School Drop In: \$25/day
- Sibling Discount: \$20 per child per month after the first child
- Military/First Responder (Fire, Police, EMS) Discount: \$20 per child per month

The above discounts can be applied with Financial Scholarships, but no other discounts, i.e. parents cannot receive a multi-sibling discount AND a military/first responder discount.

\*CATCH stands for Coordinated Approach to Child's Health. For over 25 years, the CATCH platform has been proven to launch kids and communities toward healthier lifestyles. Originators of "GO, SLOW and WHOA" food categories, CATCH is the most cost effective means of preventing childhood obesity, in an environment that's fun and easy to sustain.

# **Important Dates to Remember**

Remember: Snow and Early Release days are included FREE in all After School options.\*

### SEPTEMBER

September 1	Labor Day	CLOSED
OCTOBER October 13 October 14	Teacher Work Day Teacher Work Day	7:00 a.m 6:00 p.m. 7:00 a.m 6:00 p.m.
NOVEMBER November 11 November 26 November 27 November 28	Veterans Day Thanksgiving Holiday Thanksgiving Thanksgiving Holiday	CLOSED 7:00 a.m 6:00 p.m. CLOSED CLOSED
DECEMBER December 22 December 23 December 24 December 25 December 26 December 29 December 30 December 31	Winter Camp Winter Camp Christmas Eve Christmas Day Christmas Holiday Winter Camp Winter Camp New Years Eve	7:00 a.m 6:00 p.m. 7:00 a.m 6:00 p.m. CLOSED CLOSED 7:00 a.m 6:00 p.m. 7:00 a.m 6:00 p.m. CLOSED
JANUARY January 1 January 2 January 19	New Year's Day Winter Camp Martin Luther King Jr. Holiday	CLOSED 7:00 a.m 6:00 p.m. CLOSED
MARCH March 9 March 10 March 11 March 12 March 13	Spring Break Camp Spring Break Camp Spring Break Camp Spring Break Camp Spring Break Camp	7:00 a.m 6:00 p.m. 7:00 a.m 6:00 p.m. 7:00 a.m 6:00 p.m. 7:00 a.m 6:00 p.m. 7:00 a.m 6:00 p.m.
April 3 April 6	Good Friday Holiday Easter Monday	CLOSED 7:00 a.m 6:00 p.m.

### **OUT OF SCHOOL DAYS AT THE Y**

\$40 Members/\$55 Potential Members

\*Those not enrolled in the YMCA After School Program must pay Out of School Day prices.

SCHOOLS SERVED	PROGRAM LOCATION Before School	After School
Rural Hall Elementary	Rural Hall Elementary	Rural Hall Elementary

# MAXIMIZE YOUR SAVINGS!

Become a YMCA member and save money on After School Academy, Youth Sports, Swim Lessons, and more!

- Unlimited access to the YMCA
- Free group and family fitness classes
- Free access to swimming pool, basketball, and raquetball courts
- Free Kids Zone (formerly Child Watch) available with memberships that include dependents
- Discounted rates on Youth Sports, Swim Lessons, and other programs
- No membership contracts!

# **FINANCIAL ASSISTANCE**

The Y is committed to turning no one away from a program or membership due to an inability to pay. Financial assistance is available through the Y's Open Doors program to those who qualify. Inquire at the YMCA for more information or call our Youth Development office at 336 777 8055. The Y is a United Way Agency.



"Every day I see my child grow more confident, kind, and capable, thanks to the incredible support and enriching experiences provided by the YMCA Before and After School Program" – Tammi