



Aug Gym Schedule

***Tuesday August 5, 2025 Volleyball Evals 5pm-9pm**

***Thursday August 14, 2025 Volleyball Evals 5pm-9pm**

*** YMCA Youth Sports Start August 25, 2025**

*** Group Ex classes start August 11, 2025**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5am-10:30am Open Gym	5am-12pm Open Gym	5am-10:30am Open Gym	5am-12pm Open Gym	5am-12pm Open Gym	8am-6pm Open Gym	1pm-6pm Open Gym
*10:30am-11: Group Ex Class	12pm-2pm Pickleball	*10:30am-11: Group Ex Class	12-2pm Pickleball	12pm-2pm Pickleball		
11:30am-12pm Open Gym	2pm-5pm Open Gym	11:30am-12pm Open Gym	2pm-5pm Open Gym	2pm-9pm Open Gym		
12pm-2pm PickleBall	*5pm-9pm YMCA Sports	12pm-2pm PickleBall	*5pm-9pm YMCA Sports			
2-9pm Open Gym		2pm-5pm Open Gym				
		*5pm-9pm YMCA Sports				

Open Gym - During Open Gym, the court is available for individual shooting and shoot around; full-court play is not permitted.

Group Exercise Classes - The courts will be reserved for Group Exercise classes as needed.

Youth Development (Out-of-School Days/Summer Day Camp) - On school closure days, Youth Development may use the gym if weather conditions prevent outdoor activities.

YMCA Sports Programs - The courts will be reserved for YMCA youth and adult - sports programs which are starting **8-25-2025**.

*****The Gym will close Friday August 8, 2025 at 2:00pm for Bright Beginnings and reopen Saturday August 9, 2025 at 2:00pm *****

Please Note: The YMCA reserves the right to adjust the gym schedule as needed and may close the gym without prior notice. In cases of inclement weather, extreme heat, or school closures, the gym may also be reserved for Youth Development and/or Wellness programs. Thank you for your understanding and support.

Our Mission: "Helping all people reach their God-given potential in spirit, mind and body."