



ACTIVE OLDER ADULTS

2026 Calendar of Events

DAVIE FAMILY YMCA

Tuesday, January 27	12:00pm	Strategies of Social Security
Wednesday, February 11	12:00pm	Game Day
Friday, March 27	11:30am–12:30pm	Osteoporosis: What's a Body To Do?
Wednesday, April 22	11:15am–12:30pm	Cool Spring Get Together
Wednesday, May 13	12:00pm	Game Day
Tuesday, May 19	2:00pm	Estate Planning
Friday, June 12	12:00pm	Veterans Lunch
Friday, August 28	11:00am	Ice Cream Social
Wednesdays September 2, 9, 16, 23	12:00pm	You Go Girl! But Only If You Have To
Wednesday, Sept 9	12:00pm	Game Day
Wednesday, November 11	12:00pm	Game Day
Wednesday, December 2	12:00–1:30pm	Holiday Potluck

SIGN UP SO WE KNOW HOW MANY TABLES AND CHAIRS TO PUT OUT!

Questions? Please contact Ciera King at c.king@ymcanwnc.org (336) 721-2100 Ext 6275