



ACTIVE OLDER ADULTS

2026 Calendar of Events

ROBINHOOD ROAD FAMILY YMCA

Wednesday, January 7	11:15am 11:45am–1:15pm	Snacks BINGO
Friday, January 30	12:00pm	Lunch With Friends: Midtown Cafe and Dessertery
Wednesday, February 4	11:15am 11:45am–1:15pm	Snacks BINGO
Thursday, February 12	11:45am	Warm Your Heart Social
Friday, February 27	12:00pm	Lunch With Friends: Duke's Restaurant
Wednesday, March 4	11:15am 11:45am–1:15pm	Snacks BINGO
Friday, March 13	12:00pm	Potluck/St. Patrick's Day Baked Potato Bar
Friday, March 27	12:00pm	Lunch With Friends: District 924
Wednesday, April 1	11:15am 11:45am–1:15pm	Snacks BINGO
Tuesday, April 21	2:00pm	Estate Planning
Friday, April 24	11:15am 11:45am–1:15pm	Snacks BINGO
Tuesday, May 5	12:00pm	Potluck/Cinco de Mayo Taco Bar
Wednesday, May 6	11:15am 11:45am–1:15pm	Snacks BINGO
Friday, May 29	12:00pm	Lunch With Friends: La Carretta
Wednesday, June 3	11:15am 11:45am–1:15pm	Snacks BINGO
Friday, June 5	12:00pm	Ice Cream Social
Friday, June 26	12:00pm	Lunch With Friends: West End Cafe
Wednesday, July 1	11:15am 11:45am–1:15pm	Snacks BINGO
Thursday, July 23	12:00pm	Novant Health Talk: Nutrition Basics
Friday, July 24	12:00pm	Lunch With Friends: Dairi-O

SIGN UP SO WE KNOW HOW MANY TABLES AND CHAIRS TO PUT OUT!
Questions? Please contact Ciera King at c.king@ymcanwnc.org

ROBINHOOD ROAD FAMILY YMCA

Wednesday, August 5	11:15am 11:45am–1:15pm	Snacks BINGO
Tuesday, August 18	12:00pm	Novant Health Talk: What Is Your Gut Feeling?
Friday, August 28	12:00pm	Lunch With Friends: The Sherwood Restaurant
Wednesday, September 2	11:15am 11:45am–1:15pm	Snacks BINGO
Tuesday, September 15	12:00pm	Novant Health Talk: Label Lingo
Friday, September 25	12:00pm	Lunch With Friends: Mama Zoe's
Wednesday, October 7	11:15am 11:45am–1:15pm	Snacks BINGO
Wednesday, October 14	11:45am	Jill Berlin: Hidden Benefits Within Your Insurance Plans
Tuesday, October 27	2:00pm	QCD (Qualified Charitable Donation) Workshop
Friday, October 30	12:00pm	Halloween Potluck
Friday, October 30	12:00pm	No Lunch With Friends: Happy Halloween
Wednesday, November 4	11:15am 11:45am–1:15pm	Snacks BINGO
Tuesday, November 17	12:00pm	Novant Health Talk: What Is Your Hydration Situation?
Friday, November 27	12:00pm	Lunch With Friends: River Birch Lodge
Wednesday, December 2	11:15am 11:45am–1:15pm	Snacks BINGO
Friday, December 11	12:00pm	Christmas Potluck
Friday, December 25	12:00pm	No Lunch With Friends: Merry Christmas

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