



ACTIVE OLDER ADULTS

2026 Calendar of Events

STATESVILLE FAMILY YMCA

Friday, January 2	12:00pm 12:30pm	Snacks BINGO
Monday, January 12	12:30–1:30pm	Navigating Health Insurance Changes
Friday, February 6	12:00pm 12:30pm	Snacks BINGO
Monday, February 9	12:30–1:30pm	Navigating Health Insurance Changes
Friday, March 6	12:00pm 12:30pm	Snacks BINGO
Monday, March 9	12:30–1:30pm	Navigating Health Insurance Changes
Tuesday, March 24	2:00pm	Estate Planning
Friday, April 3	12:00pm 12:30pm	Snacks BINGO
Monday, April 13	12:30–1:30pm	Navigating Health Insurance Changes
Friday, May 1	12:00pm 12:30pm	Snacks BINGO
Monday, May 11	12:30–1:30pm	Navigating Health Insurance Changes
Wednesday, May 13	12:30pm	Spring Lunch Potluck
Friday, September 4	12:00pm 12:30pm	Snacks BINGO
Monday, September 14	12:30–1:30pm	Navigating Health Insurance Changes
Friday, October 2	12:00pm 12:30pm	Snacks BINGO
Monday, October 12	12:30–1:30pm	Navigating Health Insurance Changes
Monday, October 19	12:30–1:30pm	Navigating Health Insurance Changes
Friday, November 6	12:00pm 12:30pm	Snacks BINGO
Monday, November 9	12:30–1:30pm	Navigating Health Insurance Changes
Monday, November 16	12:30pm	Holiday Get Together
Friday, December 4	12:00pm 12:30pm	Snacks BINGO
Monday, December 14	12:30–1:30pm	Navigating Health Insurance Changes
TBA	TBA	Silver Sneakers Christmas Lunch at Village Inn

SIGN UP SO WE KNOW HOW MANY TABLES AND CHAIRS TO PUT OUT!
Questions? Please contact Ciera King at c.king@ymcanwnc.org