



ACTIVE OLDER ADULTS

2026 Calendar of Events

YADKIN FAMILY YMCA

Wednesday, January 7	12:00–1:00pm	BINGO
Wednesday, February 4	12:00–1:00pm	BINGO
Thursday, February 5	12:00pm	Novant Health Talk: Address Your Stress
Wednesday, February 11	12:00–1:00pm	Warm Your Heart Potluck
Wednesday, March 4	12:00–1:00pm	BINGO
Wednesday, March 18	12:00–1:00pm	Potluck Triple P/Philanthropy, St. Patty's
Wednesday, April 1	12:00–1:00pm	BINGO
Tuesday, April 7	2:00pm	Estate Planning
Wednesday, April 22	12:00–1:00pm	Community Service Cards for Assisted Living
Wednesday, May 6	12:00–1:00pm	BINGO
Thursday, May 7	8:00am	Annual Prayer Breakfast
Thursday, May 14	12:00–2:00pm	Spring Social Hour
Wednesday, June 3	12:00–1:00pm	BINGO
Thursday, June 18	12:00–2:00pm	Summer Potluck
Wednesday, July 1	12:00–1:00pm	BINGO
Wednesday, July 15	12:00pm	Novant Health Talk: Body Bingo (Diabetes)
Wednesday, August 5	12:00–1:00pm	BINGO
Thursday, August 13	12:00–2:00pm	Ice Cream Social and Competition
Wednesday, September 2	12:00–1:00pm	BINGO
Thursday, September 10	12:00–2:00pm	Fall Social Hour
Friday, September 18	11:30am–1:30pm	Welcome Week Multicultural Cookout
Wednesday, October 7	12:00–1:00pm	BINGO
Thursday, October 15	12:00–2:00pm	Sweet Fall Bake Off
Wednesday, November 4	12:00–1:00pm	BINGO
Thursday, November 5	12:00–1:00pm	Novant Health Talk: Attitude of Gratitude
Wednesday, December 2	11:30am–1:00pm	Holiday Potluck

SIGN UP SO WE KNOW HOW MANY TABLES AND CHAIRS TO PUT OUT!
Questions? Please contact Ciera King at c.king@ymcanwnc.org.